

# Vespers

(Evening Prayer)

January 13, 2022

## INTRODUCTION

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O God, come to our aid. O Lord, make haste to help us. Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen. Alleluia.

## HYMN: ST ANNE

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When God had filled the earth with life And blessed it, to increase,  
Then cattle dwelt with creeping things, And lion with lamb, at peace.

He gave them vast, untrodden lands, With plants to be their food;  
Then God saw all that he had made And found it very good.

Praise God the Father of all life, His Son and Spirit blest,  
By whom creation lives and moves, In whom it comes to rest.

Stanbrook Abbey Hymnal

## PSALM 29 (30) (Spoken)

*Thanksgiving for rescue from death*

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**“Christ gives thanks to his Father after his glorious resurrection” (Cassian).**

*ALL: Lord, I cried to you for help and you have healed me: I will thank you for ever.*

I will praise you, Lord, you have rescued me  
and have not let my enemies rejoice over me.

O Lord, I cried to you for help and you, my God,  
have healed me. O Lord, you have raised my soul from  
the dead, restored me to life from those who sink into  
the grave.

Sing psalms to the Lord, you who love him, give thanks  
to his holy name. His anger lasts a moment; his favour  
all through life. At night there are tears, but joy comes  
with dawn.

I said to myself in my good fortune: ‘Nothing will ever  
disturb me.’ Your favour had set me on a mountain  
fastness, then you hid your face and I was put to  
confusion.

To you, Lord, I cried, to my God I made appeal:  
‘What profit would my death be, my going to the grave?  
Can dust give you praise or proclaim your truth?’

The Lord listened and had pity. The Lord came to my  
help. For me you have changed my mourning into  
dancing, you removed my sackcloth and clothed me  
with joy. So my soul sings psalms to you unceasingly.  
O Lord my God, I will thank you for ever.

Glory be to the Father and to the Son  
and to the Holy Spirit, as it was in the beginning,  
is now, and ever shall be, world without end.  
Amen.

*ALL: Lord, I cried to you for help and you have healed  
me: I will thank you for ever.*

## PSALM-PRAYER

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Lord, hear our cry and save us. We weep in the evening as if our Lord were asleep, but let us rejoice in the morning as he is raised up among us. Rescued from sadness and clothed in rejoicing, may we gloriously sing your praises for ever.



“David says that a man is blessed if God considers him righteous, irrespective of good deeds” (Rom 4:6).

*ALL: Happy the man to whom the Lord im-putes no guilt.*

Happy the man whose offence is **for-given**,  
whose sin is **re-mitted**. O happy the man to whom the  
Lord imputes **no** guilt, in whose spirit is **no** guile.

I kept it secret and my frame **was** wasted.  
I groaned **all day** long, for night and day your hand  
was heavy **up-on** me. Indeed my strength was dried up  
as by the **sum-mer’s** heat.

But now I have acknowledged **my** sins; my guilt I **did**  
**not** hide. I said: ‘I will confess my offence to **the** Lord.’  
And you, Lord, have forgiven the guilt **of my** sin.

So let every good man pray to you in the time **of** need.  
The floods of water may reach high but him they  
**shall not** reach. You are my hiding place, O Lord;  
you save me from **dis-tress**. You surround me with  
cries **of de-liverance**.

I will instruct you **and** teach you the way **you should**  
go; I will give **you** counsel with my **eye up-on** you.

Be not like horse and mule, **unintelligent**,  
needing bridle **and** bit, else they will **not ap-proach**  
you. Many sorrows has **the** wicked but he who trusts in  
the Lord, loving mer-**cy sur-rounds** him.

Rejoice, rejoice in **the** Lord, ex-**ult, you** just!  
O come, ring out **your** joy, all you up-**right of** heart.

Glory be to the Father and to **the** Son and to the  
**Ho-ly** Spirit, as it was in the **be-ginning**, is now,  
and ever shall be, world **with-out** end.  
Amen.

*ALL: Happy the man to whom the Lord im-putes no guilt.*

## PSALM-PRAYER

You desired, Lord, to keep from us your indignation and so did not spare Jesus Christ, who was wounded for our sins. We are your prodigal children but confessing our sins we come back to you. Embrace us that we may rejoice in your mercy together with Christ your beloved Son.

## CANTICLE (Spoken)

Apocalypse 11

### The Judgement

*ALL: The Lord has given him power and honour and empire, and all peoples will serve him.*

We give thanks to you, Lord God Almighty, who are  
and who were, that you have taken your great power  
and begun to reign.

The nations raged, but your wrath came, and the time  
for the dead to be judged, for rewarding your servants,  
the prophets and saints, and those who fear your name,  
both small and great.

Now the salvation and the power and the kingdom of  
our God and the authority of his Christ have come,  
for the accuser of our brethren has been thrown down,  
who accuses them day and night before our God.

And they have conquered him by the blood of the  
Lamb and by the word of their testimony, for they loved  
not their lives even unto death. Rejoice, then, O heaven,  
and you that dwell therein.

Glory be to the Father and to the Son and to the  
Holy Spirit, as it was in the beginning, is now,  
and ever shall be, world without end.  
Amen.

*ALL: The Lord has given him power and honour and empire, and all peoples will serve him.*

This is a cause of great joy for you, even though you may for a short time have to bear being plagued by all sorts of trials; so that, when Jesus Christ is revealed, your faith will have been tested and proved like gold – only it is more precious than gold, which is corruptible even though it bears testing by fire – and then you will have praise and glory and honour. You did not see him, yet you love him; and still without seeing him, you are already filled with a joy so glorious that it cannot be described, because you believe; and you are sure of the end to which your faith looks forward, that is, the salvation of your souls.

## SHORT RESPONSORY

The Lord fed us with finest wheat. – **The Lord fed us with finest wheat.**

He filled us with honey from the rock. – **The Lord fed us with finest wheat.**

Glory be to the Father and to the Son and to the Holy Spirit. – **The Lord fed us with finest wheat.**

CANTICLE (*Chanted*)*Magnificat*

**My soul rejoices in the Lord**

*ALL: The Lord brought down the mighty from **their** seats, and raised up the **low-ly**.*

My soul glorifies **the** Lord, my spirit rejoices in God,  
my **Sav-iour**. He looks on his servant in **her** lowliness;  
henceforth all ages will call me **bles-sed**.

The Almighty works marvels **for** me. Holy **his** name!  
His mercy is from age **to** age, on those who **fear** him.

He puts forth his arm **in** strength and scatters the  
proud-**heart-ed**. He casts the mighty from **their**  
thrones and raises the **low-ly**.

*ALL: The Lord brought down the mighty from **their** seats, and raised up the **low-ly**.*

He fills the starving with **good** things, sends the rich  
away **emp-ty**.

He protects Israel, **his** servant, remembering  
his **mer-cy**, the mercy promised to **our** fathers,  
to Abraham and his sons for **e-ver**.

Glory be to the Father and to **the** Son and to the Holy  
**Spir-it**, as it was in the **be-gin-ning**, is now, and ever  
shall be, world with-**out end**. Amen.

## PRAYERS AND INTERCESSIONS

Let us make our prayer to the God of our salvation  
because all our hope rests in him.

– **Father, our trust is in you.**

Father, you established a covenant with men:  
we trust in you, for you are faithful to your word.

– **Father, our trust is in you.**

Send workers into the harvest,  
and bring the world to the knowledge and love of you.

– **Father, our trust is in you.**

May the unity of the Church be formed by love and  
understanding; gather us together through the gifts of  
your Holy Spirit.

– **Father, our trust is in you.**

Help men to create a community where justice and  
peace may flourish: be with us lest we labour in vain.

– **Father, our trust is in you.**

Be mindful of the dead, especially those we have known;  
have mercy on those who have given us their help.

– **Father, our trust is in you.**

Our Father, who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.

Lord God,  
you give the moon to illumine the night,  
and to dispel the darkness you bring in the light of day:  
grant that during this night  
we may elude the grasp of Satan  
and in the morning rise to give you praise.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the  
Holy Spirit, God, for ever and ever.  
**Amen.**

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## BENEDICTION

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### *Tantum Ergo*

Down in adoration falling, Lo! the sacred Host we hail;  
Lo! o'er ancient forms departing, Newer rites of grace  
prevail; Faith for all defects supplying Where the feeble  
senses fail.

To the Everlasting Father, And the Son Who reigns on  
high, With the Spirit Blest proceeding Forth from each  
eternally, Be salvation, honor, blessing, Might and endless  
majesty. Amen.

TEXT: St. Thomas Aquinas, 1225–1274, translated by Edward Caswall, 1814–1878  
MELODY: from Cantus Diversi, by John Francis Was, 1711–1786  
HARMONIZATION: attributed to Vincent Francis Novello, 1781–1861

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You have given them bread from Heaven.  
**Having all sweetness within it.**

Let us pray.

Lord Jesus Christ,  
You gave us the Eucharist as a memorial of  
Your suffering and death.  
May our worship of this sacrament of  
Your body and blood  
Help us to experience the salvation You won for us  
And the peace of the kingdom  
Where You live with the Father and the Holy Spirit  
One God, forever and ever.  
**Amen.**

Blessed be God.  
Blessed be His Holy Name.  
Blessed be Jesus Christ, true God and true Man.  
Blessed be the Name of Jesus.  
Blessed be His Most Sacred Heart.  
Blessed be His Most Precious Blood.  
Blessed be Jesus in the Most Holy Sacrament of the Altar.  
Blessed be the Holy Spirit, the Paraclete.  
Blessed be the great Mother of God, Mary most Holy.  
Blessed be her Holy and Immaculate Conception.  
Blessed be her Glorious Assumption.  
Blessed be the name of Mary, Virgin and Mother.  
Blessed be St. Joseph, her most chaste spouse.  
Blessed be God in His Angels and in His Saints. Amen.

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May the Lord bless us, protect us from all evil,  
and bring us to everlasting life. **Amen.**

Go in peace. **Thanks be to God**

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### *Holy God, We Praise Thy Name*

Holy God, we praise thy name; Lord of all, we bow before  
thee! All on earth thy scepter claim, All in heav'n above  
adore thee; Infinite, thy vast domain, Everlasting is thy reign.

Hark! the loud celestial hymn Angel choirs above are  
raising; Cherubim and Seraphim, In unceasing chorus  
praising; Fill the heav'ns with sweet accord: "Holy, holy,  
holy Lord!"

Text: 78 78 77 with additions; Te Deum laudamus; attr. to St. Nicetas, ca. 335–414; Grosser Gott, wir loben  
dich; tr. ascr. to Ignaz Franz, 1719–1790; tr. by Clarence A. Walworth, 1820–1900. Music: Allgemeines  
Katholisches Gesangbuch, Vienna, ca. 1774. Bridge text and music, and this arrangement © 2012, Rick  
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