I just finished an inspiring book titled "My Grandfather's Blessings" by Rachael Remen. The book is about how God sends us many blessings, and by recognizing and receiving them, and in turn sending blessings to others, we discover our own wholeness. Genuine service to others is a way to fill our emptiness, heal our loneliness and connect us more deeply to God. Remen is a cancer physician and uses storytelling to convey the power of kindness and the joy of living. As we anticipate the start of the Lenten season, let's look for opportunities to bless others: a kind word when you could have said nothing, helping without being asked, patience in response to discontent, donating time or money to someone in need. It's consistent with our WOSJ's charter as a spiritual, social and service organization.

Nancy

UPCOMING MEETINGS AND EVENTS --- Mark Your Calendars!

Feb 17
Board Meeting 6:30pm Church Hall
General Meeting 7:30pm Church Hall
Guest Speaker, Sister Caritas of the Sisters of the Holy Family

Mar 17
Board Meeting 6:30pm Church Hall
General Meeting 7:30pm Church Hall
Breadmaking Demonstration by Bea Taus

Helping Hands
Need a ride? Need a meal? Know someone who needs a visit? Please contact Joanne Laus who is looking forward to lending a helping hand! 408/262-1949 or joannelaus@comcast.net

Prayer Shawl Ministry
If you are interested in creating prayer shawls and blankets which can be done by either knitting or crochet please join us at our next meeting. This ministry meets the first Wednesday of each month. Those interested in joining this ministry should contact Laura Dauzat at 510/220-2956 or laura.dauzat@gmail.com. Please let us know if you have someone that would be a good recipient of a prayer shawl. It need not only be in the case of illness...it can be for a time of joy or accomplishment.

Needed: Pictures of the WOSJ!
Our Parliamentarian/Historian, Sherry Dunn, would welcome any pictures from our recent events, such as the tea, the parish functions, etc. to add to our Women of St. Joseph scrapbook! Please contact her at solodmom@aol.com
February Speaker: Sister Caritas

Did you know that millions of people, including children as young as age five, are among those recruited, sold, and otherwise enslaved globally each year for the purposes of commercial sexual exploitation? Come hear Sister Caritas (SHF) educate us on this terrible plight and what we can do.

Valentine's Day Dance

From Debbie Rossetto:

Just another note of thanks for a spectacular New Year's Eve Party at St. Joseph. A good time was had by all and we are ready to do it again for Valentine’s Day! If you are able to help out for this event, please respond to debbierossetto@comcast.net with your committee preferences.

Please let me know which committee(s) you would like to serve (you may choose multiple committees):

• Décor (setup and breakdown) • Servers • Kitchen (food prep and night of event) • Sell Tickets after Mass

• Registration/Check-In/Cashier • Clean-Up Committee (kitchen and hall) • Silent Auction Item Solicitor

Please don’t forget to buy your tickets and also invite your family and friends. (See flyer at end of newsletter)

This will be another great event at St. Joseph!! Thank you for your profound generosity and the love you express for our Parish on a daily basis. We couldn’t do it without each and every single one of you. God bless you!

January Meeting-Father Jeff Finley Jan. 20th

Father Jeff Finley was an excellent speaker. He discussed the Catholic mass, answering numerous and varied questions.

Fellowship Sunday

We would like to thank Anna Boken, April Mempin and Sara Rozzano for hosting Fellowship Sunday after the 9:00 Mass on Jan. 18th.

Parish Retreat-note from Sister Marcia

“How it Went

Please convey my gratitude to all of the Women if St. Joseph who showed up, who contributed their services and who made delicious desserts for this occasion. I could not have done it without you.

Blessings and gratitude,
Sister Marcia”
Happy Birthday to those born in February!

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<th>Name</th>
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<tr>
<td>Anna Boken</td>
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<td>Jennie Morse</td>
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<td>Lorelei Remlinger</td>
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<td>Eileen Colapietro</td>
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<td>Cynthia Dos Remedios</td>
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<td>Katie Bishop</td>
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<td>Donna Phair</td>
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Dear WOSJ,
Lent is fast approaching. A time of sacrifice and growth. Are we going to "give up" the same old things we do every year or are we going to take advantage of this time and get out of God’s way, letting Him direct our path?

"Ready to Serve"

Sing out, O heavens and rejoice, O earth, break forth into song you mountains, For the Lord comforts his people and shows mercy to his afflicted. Isaiah 49:13

Reflection:
"Every day is a new unfolding of our life in Christ. Surprises are always happening. God reserves the right to intrude into our lives at a moment's notice, sometimes turning them upside down. It is essential to be flexible, adjustable, ready to tear up our plans and put them in the wastebasket at God's request. Hence, both the contemplative vision and its incarnation are essential, and the place where they meet is contemplative prayer. This is the key to the preservation and growth of the creative vision as well as its appropriate incarnation on a day to day basis. This is what leads to purity of heart, which is freedom from the false-self system and hence, freedom to be at the disposal of those we serve."

My Prayers Rise Like Incense - Daily Lenten Reflections from Fr. Thomas Keating, O.C.S.O.

Use this to REGISTER A FRIEND or UPDATE OUR RECORD
Mail to this slip and a check for $20 payable to "Women of St. Joseph" to:
Laura Dauzat 2867 Huxley Pl Fremont Ca 94555 or bring to the next meeting

Name ________________________________
Address _______________________________
City, state, zip _______________________ Phone ____________________________
E-mail Address ________________________ Birthday (month & day) _____________
Husband’s Name _______________________
Cupid’s Banquet and Ball

Love makes the world go round! Let’s celebrate with a party!

Saturday, February 14, 2009
St. Joseph Parish Hall ..... 6:45 p.m. to 10:30 p.m.
(Following the 5:30 p.m. mass)
$25 per person includes: Dinner, dessert, Live DJ and Dancing
No Host Full Bar, Dressy Attire

Did you think this was for couples only? Think again!
Get your friends, parents and family together to enjoy a special evening with the ones you love.

DON’T WAIT! SIGN UP TODAY!
For more information contact: Debbie Rossetto - debbierossetto@comcast.net - 510-656-0957
Don Kaefer - donkaefer@tagusa.com - 510-792-5037 or Lauri Kaefer - lkaefer@comcast.net - 510-791-1980

Can’t make it to the event, but you’d like to support the church?
BUY SOME RAFFLE TICKETS! Try winning $100, $200 or $300!
All proceeds benefit St. Joseph Parish operating expenses.
Tickets are: 1 for $5.00....5 for $20.00....15 for $50.00! Indicate the number of tickets you would like on the form below. Your tickets will be included in the drawing the night of the event.
You need not be present to win!

_____ YES! I/We want to come! I/We will need:
Print Name__________________________________________
Address__________________________________________
City, State, Zip____________________________________
Phone: Home(____)______________________________
Work(____)______________________________________
e-mail__________________________________________

Reservation(s) @ $25  _____  Send a priest, Dominican or Holy Family sister @$25  _____  Raffle ticket(s)  _____  TOTAL ENCLOSED  _____

Check in at the registration table.

Send this with your payment to: Parish CB&B Event, 43148 Mission Blvd., Fremont, CA 94539
Payment by ___CASH ___CHECK: Payable to St. Joseph’s CB&B Event
Check one CREDIT CARD ($20 minimum):  __VISA ___MASTERCARD
Name on card(print)_____________________________________________________________________________
Card #_______________________________________________________________________________________
Exp. date_________________ Security #____________________ Amount: $_________________
Signature_________________________________________________________________________

SORRY, I/We can’t make it!
Send a priest, Dominican or Holy Family sister to the event: _____ @ $25 each _____ total enclosed.
_____ Please accept my donation of $______________ to support the parish.